

## IFBC22 Attendee List



First Name	Last Name	Blog or Company Name	Website	Instagram	State	Welcome Reception	Post-Con Excursion
Chelsea	Bennet	Lulu	<a href="http://lulu.com">lulu.com</a>	<a href="https://www.instagram.com/luludotcom/">https://www.instagram.com/luludotcom/</a>			
Maureen	Blum	#CookingWithMoWino	<a href="http://www.MoWino.com">www.MoWino.com</a>	<a href="https://www.instagram.com/mowino_com/">https://www.instagram.com/mowino_com/</a>	DC	yes	
Tish	Boyle	Pastry at Home	<a href="http://www.pastryathome.com">www.pastryathome.com</a>	<a href="https://www.instagram.com/tish_boyle/">https://www.instagram.com/tish_boyle/</a>	FL	yes	
Shaunda Necole	Brandon	The Soul Food Pot	<a href="https://thesoulfoodpot.com">https://thesoulfoodpot.com</a>	<a href="https://www.instagram.com/soulfoodpot/">https://www.instagram.com/soulfoodpot/</a>		yes	yes
Tyler	Brassil			<a href="https://www.instagram.com/hellthyjunkfood/">https://www.instagram.com/hellthyjunkfood/</a>		yes	yes
Dena	Brummer	Taste of Wisdom	<a href="http://www.tasteofwisdom.co">www.tasteofwisdom.co</a>	<a href="https://www.instagram.com/taste_of_wisdom/">https://www.instagram.com/taste_of_wisdom/</a>	CA		
Tracy	Cartwright	Cooksy	<a href="http://www.cooksy.com">www.cooksy.com</a>	<a href="https://www.instagram.com/cooksyofficial">https://www.instagram.com/cooksyofficial</a>	MO	yes	
Rebecca	Castillo	<a href="http://MyVinoRules.com">MyVinoRules.com</a>	<a href="http://MyVinoRules.com">MyVinoRules.com</a>		TX	yes	
Veronica	Castro	Destination El Paso	<a href="https://visitelpaso.com/">https://visitelpaso.com/</a>		TX		
Shihan	Chowdhury	Chili Pepper Cooks	<a href="https://www.provecho.bio/@chilipepperc">https://www.provecho.bio/@chilipepperc</a>	<a href="https://www.instagram.com/chilipeppercooks/">https://www.instagram.com/chilipeppercooks/</a>			yes
Talia	Daneshrad	That Girl Diet	<a href="https://www.instagram.com/thatgirdiet/">https://www.instagram.com/thatgirdiet/</a>	<a href="https://www.instagram.com/thatgirdiet/">https://www.instagram.com/thatgirdiet/</a>	CA		
Teresa	Davis	Sweet Spicy Vegan	<a href="http://Sweetspicyvegan.com">Sweetspicyvegan.com</a>		TX		
Sean	Davis	NUDEMints		<a href="https://www.instagram.com/nudemints/">https://www.instagram.com/nudemints/</a>	NV	yes	
Ninette	Dean	eat, bake, & travel	<a href="http://www.eatbaketravel.com">www.eatbaketravel.com</a>	<a href="https://www.instagram.com/eatbaketravel/">https://www.instagram.com/eatbaketravel/</a>	DC	yes	yes
Caleb	Dempsey	Ecamm	<a href="http://ecamm.com">ecamm.com</a>	<a href="https://www.instagram.com/ecammnetwork/">https://www.instagram.com/ecammnetwork/</a>			
Emi	Diaz	Destination El Paso	<a href="https://visitelpaso.com/">https://visitelpaso.com/</a>		TX	yes	yes
Susanne	Duplantis	Makeover My Leftover	<a href="http://www.makeovermyleftover.com">www.makeovermyleftover.com</a>	<a href="https://www.instagram.com/makemyleftover/">https://www.instagram.com/makemyleftover/</a>	LA		
Pat	Fettig	Pat and Pan	<a href="http://patandpan.com">patandpan.com</a>		OH	yes	
Julia	Goolia	Hellthy Junk Food	<a href="https://www.hellthyjunkfood.com/">https://www.hellthyjunkfood.com/</a>	<a href="https://www.instagram.com/hellthyjunkfood/">https://www.instagram.com/hellthyjunkfood/</a>		yes	yes
Allea	Grummert	Duett	<a href="https://www.duett.co/">https://www.duett.co/</a>	<a href="https://www.instagram.com/alleagrummert/">https://www.instagram.com/alleagrummert/</a>	NE	yes	
Pilar	Hernandez	Chilean Food and Garden	<a href="http://www.enmicocinahoy.cl">www.enmicocinahoy.cl</a>	<a href="https://www.instagram.com/chileanfoodandgarden/">https://www.instagram.com/chileanfoodandgarden/</a>	TX		
Kathy	Hester	<a href="http://PlantBasedInstantPot.com">PlantBasedInstantPot.com</a>	<a href="http://KathyHester.com">KathyHester.com</a>	<a href="https://www.instagram.com/kathyhestercooks/">https://www.instagram.com/kathyhestercooks/</a>	NC	yes	
Christina	Hitchcock	It Is a Keeper	<a href="http://www.itisakeeper.com">http://www.itisakeeper.com</a>	<a href="https://www.instagram.com/itsakeeperblog/">https://www.instagram.com/itsakeeperblog/</a>	PA	yes	
Saffron	Hodgson	Bush Cooking	<a href="http://www.bushcooking.com">www.bushcooking.com</a>	<a href="https://www.instagram.com/_bushcooking_/">https://www.instagram.com/_bushcooking_/</a>	WA		
Maurice	Jenkins	Loaves and Dishes	<a href="https://www.loavesanddishes.net">https://www.loavesanddishes.net</a>				
Deanna	Kang	Asian Test Kitchen	<a href="http://www.asiantestkitchen.com">www.asiantestkitchen.com</a>		CA	yes	yes
Debbie	Kelly	BrilliantAFCooking	<a href="http://brilliantafcooking.com">brilliantafcooking.com</a>	<a href="https://www.instagram.com/brilliantafcooking/">https://www.instagram.com/brilliantafcooking/</a>	CA		
Zuliya	Khawaja	Naturally Zuzu	<a href="https://naturallyzuzu.com/">https://naturallyzuzu.com/</a>	<a href="https://www.instagram.com/naturallyzuzu/">https://www.instagram.com/naturallyzuzu/</a>	CA	yes	yes
Anna	Khomenko	CookingPal		<a href="https://www.instagram.com/cookingpalofficial/">https://www.instagram.com/cookingpalofficial/</a>			
Kaylen	Knight	Flavorful Eats	<a href="http://www.flavorfuleats.com">www.flavorfuleats.com</a>	<a href="https://www.instagram.com/therealflavorfuleats/">https://www.instagram.com/therealflavorfuleats/</a>	VA		
JP	Lambiase	Hellthy Junk Food	<a href="https://www.hellthyjunkfood.com/">https://www.hellthyjunkfood.com/</a>			yes	yes
James	Lamprey	FunFoods	<a href="https://www.funfoodsyt.com">https://www.funfoodsyt.com</a>	<a href="https://www.instagram.com/funfoodsyt/">https://www.instagram.com/funfoodsyt/</a>	MD	yes	yes
Lisa	Lau	<a href="http://510foodie.com">510foodie.com</a>	<a href="http://www.510foodie.com">www.510foodie.com</a>	<a href="https://www.instagram.com/510foodie/">https://www.instagram.com/510foodie/</a>	CA		
Amy	Lawrence	Gourmet Done Skinny	<a href="http://www.gourmetdoneskinny.com">www.gourmetdoneskinny.com</a>	<a href="https://www.instagram.com/gourmetdoneskinny/">https://www.instagram.com/gourmetdoneskinny/</a>	WA	yes	yes
Chase	Leavitt	KitchenBloggers	<a href="https://kitchenbloggers.com/">https://kitchenbloggers.com/</a>	<a href="https://www.instagram.com/kitchen_bloggers/">https://www.instagram.com/kitchen_bloggers/</a>	UT		
Doug	Levy	Wine & Food World			CA	yes	
Adam	Levy	Cheese Professor	<a href="http://www.cheeseprofessor.com">www.cheeseprofessor.com</a>	<a href="https://www.instagram.com/alcoholprofessor/">https://www.instagram.com/alcoholprofessor/</a>	NJ		
Yvette	Marquez-Sharpnack	Muy Bueno Cookbook	<a href="http://www.muybuenocookbook.com">www.muybuenocookbook.com</a>	<a href="https://www.instagram.com/muybuenocooking/">https://www.instagram.com/muybuenocooking/</a>	CO	yes	yes
Lisa	Martinez			<a href="https://www.instagram.com/epvegsnob/">https://www.instagram.com/epvegsnob/</a>		yes	yes

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AnnMarie	Mattila	American Cake Decorating	<a href="https://americancakedecorating.com/blog">https://americancakedecorating.com/blog</a>	<a href="https://www.instagram.com/americancakedecorating">https://www.instagram.com/americancakedecorating</a>	NY	yes	
Chad	Mercer	AChadChoice		<a href="https://www.instagram.com/achadchoice/">https://www.instagram.com/achadchoice/</a>	TX	yes	yes
Cynthia	Nim						
Nora	Ochoa	Destination El Paso	<a href="https://visitelpaso.com/">https://visitelpaso.com/</a>		TX	yes	yes
Elisa	Prout	KitchenBloggers	<a href="https://kitchenbloggers.com/">https://kitchenbloggers.com/</a>	<a href="https://www.instagram.com/kitchen_bloggers/">https://www.instagram.com/kitchen_bloggers/</a>		yes	
Cheryl	Purser	HealthySlowCooking and PlantBasedInstantPot	<a href="https://healthyslowcooking.com/">https://healthyslowcooking.com/</a>	<a href="https://www.instagram.com/plantbasedinstantpot/">https://www.instagram.com/plantbasedinstantpot/</a>	NC	yes	
Eli	Robinson	Recon Food				yes	
Griselda	Rodriguez	Border Foodie			TX		yes
Grissel	Rodriguez	Border Foodie			TX		yes
Vianney	Rodriguez	Sweet Life Bake	<a href="https://sweetlifebake.com/">https://sweetlifebake.com/</a>	<a href="https://www.instagram.com/sweetlifebake/">https://www.instagram.com/sweetlifebake/</a>			
Karim	Saad			<a href="https://www.instagram.com/ice.karimcooks/">https://www.instagram.com/ice.karimcooks/</a>			yes
Tesheya	Santos	Zephyr Conferences	<a href="http://www.zephyrconferences.com">www.zephyrconferences.com</a>		GA	yes	yes
Corinne	Schmitt	Wondermom Wannabe LLC	<a href="https://wondermomwannabe.com">https://wondermomwannabe.com</a>	<a href="https://www.instagram.com/wondermomwannabe/">https://www.instagram.com/wondermomwannabe/</a>	VA	yes	
Sonia	Skounaki-Garbidakis	Primal Mediterranean Gourmet	<a href="http://www.primalmediterraneangourmet.com">www.primalmediterraneangourmet.com</a>		NJ		
Elizabeth	Smith	Napa Valley Life Magazine	<a href="https://easmith.net">https://easmith.net</a>	<a href="https://instagram.com/bethsips">https://instagram.com/bethsips</a>	CA	yes	yes
Trinity	Smith	Destination El Paso	<a href="https://visitelpaso.com/">https://visitelpaso.com/</a>		TX	yes	yes
Janice	Sousa	indie Travel	<a href="https://www.indietravel.co/">https://www.indietravel.co/</a>				
Evangelina	Soza	Guest				yes	
Wendi	Spraker	Loaves and Dishes	<a href="https://www.loavesanddishes.net">https://www.loavesanddishes.net</a>	<a href="https://www.instagram.com/wendi_loavesanddishes/">https://www.instagram.com/wendi_loavesanddishes/</a>	NC		
Tony	Spruill	The Soul Food Pot	<a href="https://thesoulfoodpot.com">https://thesoulfoodpot.com</a>			yes	
Rachel	Steenland	Rachel Steenland	<a href="http://rachelsteenland.com">rachelsteenland.com</a>	<a href="https://www.instagram.com/rachelsteenland/">https://www.instagram.com/rachelsteenland/</a>	CA	yes	yes
Diana	Thornton	Destination El Paso			TX		
Victoria	Tschopp			<a href="https://www.instagram.com/victoriatschopp/">https://www.instagram.com/victoriatschopp/</a>		yes	yes
Johanna B.	Voss	Johanna Voss	<a href="https://www.johannavoss.com/">https://www.johannavoss.com/</a>	<a href="https://www.instagram.com/johannavoss/">https://www.instagram.com/johannavoss/</a>			
Mike	Vrobel	Dad Cooks Dinner	<a href="https://www.dadcooks-dinner.com">https://www.dadcooks-dinner.com</a>	<a href="https://www.instagram.com/dadcooks-dinner/">https://www.instagram.com/dadcooks-dinner/</a>	OH	yes	
Briana	White	Breelicious Bites	<a href="http://www.breeliciousbites.com">www.breeliciousbites.com</a>	<a href="https://www.instagram.com/breeliciousbites/">https://www.instagram.com/breeliciousbites/</a>	PA	yes	yes
Sarah	Wohlner	Zephyr Conferences	<a href="http://www.zephyrconferences.com">www.zephyrconferences.com</a>	<a href="https://www.instagram.com/foodbloggerconference/">https://www.instagram.com/foodbloggerconference/</a>	CA	yes	yes
Partrick	Zeinali			<a href="https://www.instagram.com/patrickzeinali/">https://www.instagram.com/patrickzeinali/</a>		yes	yes